

ISSUE 9

ROAD KNIGHTS NEWS

YOUR FAVORITE TRUCKING & LOGISTICS NEWS!

09 - 2022



Motivational Trucking Quotes

"Try not to become a man of success. Rather become a man of value." - Albert Einstein



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About Road Knights, Inc

We offer quality transportation and logistics services to all US clients at reasonable prices. Our courteous staff have the professional tools and experience necessary to help with all your needs. Our professional trucking company is well renowned throughout the	entire US. Our team is up for every job, managing projects with the skill and experience our clients have come to expect. Road Knights, Inc. is a family-owned trucking company that has been in operation since 2010 with headquarters in Schiller Park, IL. Our trucking	company is a full truckload and LTL carrier, specializing in refrigerated or climate controlled freight, and flatbed services; special equipment or atypical shaped/sized loads included. We always stand behind our work, with customer satisfaction being our #1 priority.
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05	Truck Driving Safety Tips to Use During Hurricane Season
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02	FMCSA Considering Electronic IDs on Trucks to Improve Roadside

Top five drivers of the month of September

WE ARE DELIGHTED THAT YOU ARE WORKING WITH US!



- 1. Kenni Johnson
- 2. Reginald Smith
- 3. Alan Davis
- 4. Geoffrey Jones
- 5. Silas Mccaddon

Meet the winner Kenni Johnson



My name is Kenni Johnson.
I was born in Chicago, Illinois.
I reside now in Roseville, MI.
Where I obtain my associate degree in business administration.
I am a husband, father and grandad.
I decided in 2008 to go to truck driving school, where I received my CDL. Since then, I have been on this amazing journey to travel the world and get the experience of a lifetime to meet new people on a daily basic.



When I'm not driving, I enjoy spending time with my family and friends, traveling, and playing all kinds of sports.



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Motivational quote

"Learn as if you will live forever, live like you will die tomorrow."
— Mahatma Gandhi

8 WAYS TO IMPROVE FUEL EFFICIENCY

The cost of fuel is the biggest expense for motor carriers per mile. Drivers OTR can run upwards of 130,000 miles in a year, and across all those miles a 1 MPG difference can save trucking companies more than \$10,000 annually. This is why some companies offer fuel efficiency bonuses every month for drivers; because good fuel habits will help everyone in the long run.

Here are some quick – and in most cases easy-to-implement – tips to save fuel that can add up to big dollars.

1 PRE-TRIP INSPECTIONS & REGULAR MAINTENANCE CHECKS
Yes, it's an inconvenience, but it's worth it. And you have to do them anyway.

Start with the tires. If tire air pressure is reduced even 1 PSI, you can lose .3% of your fuel economy. Keeping the tires in proper alignment will also save a lot of money over time.

Monitor the fan (it should only run about 6% of the time). Inspect the engine and cables because corroded cables can force the alternator to work harder. Look at the brakes, fluid levels and the trailer to ensure everything is as it should be.

2 REDUCE IDLE TIME
Applications like Samsara can track idle time. Rewarding a good idle percentage is a great idea, as it is a major contributor to fuel efficiency. Depending on the season, drivers should be encouraged to stay within a certain range. Idling for just an hour can consume one gallon of fuel, so it's an important metric to emphasize. There are several states like Connecticut that have time limit laws for idling, where drivers have as little as a 3-minute time limit.



3 STICK TO HIGHER GEARS
This is obvious, but it's important to be meticulous about finding the gear sweet spots. Less engine revving leads to more fuel efficiency. A good RPM band to stay in is 1250 to 1350 RPM. Driving at a faster speed with a lower gear can use around 50% more fuel.

4 COASTING > BRAKES
Learning to increase following distance can decrease brake and startup times. Gears one and two are fuel efficiency killers, so avoid starting from a standstill as much as possible.

5 CONSIDER YOUR SPEED
We govern our trucks at 72 mph. Every 10 mph brings about a 1 MPG loss in fuel efficiency. We all know going slower helps with fuel efficiency, but it also may not always be worth it when balancing timely deliveries and maximizing driving hours. Before

going over 65 mph or 70 mph, drivers need to calculate if the loss of fuel efficiency is worth the time they will save.

6 CONSIDER A NEWER TRUCK
Wouldn't it be nice if we could all just go out and buy a new truck? Some companies will utilize a fleet of trucks that are 2019-2022 and filter out anything older. One of the benefits of newer equipment is t increase in fuel efficiency. Every year, truck makers come out with more fuel-efficient trucks than the year before. Volvo claims their newest upgrades offer a 31% increase in fuel efficiency when traveling in fuel efficient speed ranges.

7 KNOW THE TRAFFIC CONDITIONS
A good dispatcher should help with providing the best route. Anticipate in advance when a slowdown is required by keeping an eye on road conditions

and signs. Make sure to plan routes and avoid hazards and construction whenever possible to save fuel and time.

8 DON'T OVERFILL THE TANK
If a driver fills the tank to its full capacity it can waste a lot of fuel. It adds more weight, but it may also expand with heat and overflow. This also brings with it the potential of damaging some of the technical aspects of the truck.

The greatest contributing factor to an increase in fuel efficiency is the motivation for drivers to actually care about it. This is all information that truck drivers know, but it's important to keep it at the forefront of the mind. For instance, finding the best place to get fuel can pay huge dividends, but it will take a little bit of forethought. Certain states have much higher gas prices than others, so planning a fill up is essential. Now more than ever it is important for trucking companies to reward drivers who focus on fuel efficiency.

FMCSA considering electronic IDs on trucks to improve roadside inspections

The Federal Motor Carrier Safety Administration is considering a change to its regulations to require every commercial motor vehicle operating interstate to be equipped with electronic identification technology capable of wirelessly communicating a unique ID number to federal or state motor carrier safety enforcement personnel.

FMCSA said it is considering the amendments "to improve the efficiency and effectiveness of the roadside inspection program by more fully enabling enforcement agencies to focus their efforts at high-risk carriers and drivers."

The agency said it doesn't currently require trucks to be equipped with systems capable of transmitting a unique electronic ID, but FMCSA provides grant funding to states for technology projects that electronically identify a CMV; verify its size, weight and credentials information; and review its carrier's past safety performance while the vehicle is in motion.

FMCSA added that it is testing Level 8 Electronic Inspections to enhance its current process for monitoring and enforcing safety compliance. The electronic inspections being tested would enable FMCSA to "assess on-the-road safety compliance while a CMV is still in motion, minimizing disruption to the motor carrier and, therefore, supply chain, and doing so in a way that significantly reduces large trucks and bus emissions across the nation."

FMCSA's notice stems from a 2010 petition from the Commercial Vehicle Safety Alliance that requested that all CMVs used in interstate commerce be equipped with an electronic device capable of transmitting a unique ID number when queried by law enforcement. FMCSA denied the petition in 2013 due to a lack of information regarding the costs and benefits of an electronic ID mandate.

CVSA requested in 2015 that FMCSA reconsider the denial and provided more information, and FMCSA granted the request in November 2015.



Comments will be accepted on FMCSA's advance notice of proposed rulemaking for 60 days beginning Friday, Sept. 23. Comments can be made here through Nov. 22.

The agency asks that respondents provide information regarding the best possible

technical and operational concepts along with associated costs, benefits, security, vulnerability, privacy and other relevant deployment and operational implications. A full list of questions FMCSA is seeking information on can be found in section VI of the docket when it's published.

HOW TO AVOID FIXED OBJECTS



Striking fixed objects with moving equipment or vehicles is common in manufacturing settings, on construction sites, and for occupations such as delivery drivers. Striking fixed objects is 100% avoidable if the proper steps are taken to prevent these kinds of incidents. It is important to take the time and energy to properly eliminate or mitigate the chance that fixed objects are struck.

WAYS TO PREVENT STRIKING FIXED OBJECTS

The single best way to prevent these types of incidents is through the elimination of exposure to the hazard. Fixed objects are just that, they are fixed; the only way they will be struck is from the movement of the vehicle you are controlling. Elimination can be achieved by not being near the fixed object at all or by not installing the object in an area where it can be struck in the first place. Oftentimes poor planning or foresight is involved in these types of incidents. Obviously, not all fixed objects that are encountered at work were installed by our company and many of them cannot be eliminated or reinstalled in another spot.

While elimination of all work tasks involving moving equipment or vehicles near fixed objects is not possible, there are many other additional safeguards and best practices that can be used to reduce the chance that objects are struck.

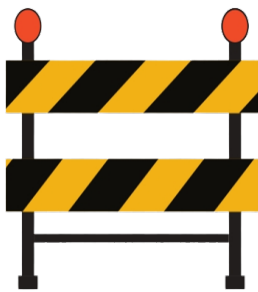
A few of these other safeguards:

- Avoid backing. Oftentimes objects are struck when individuals are backing up.
- Never park within a few feet of a fixed object. Doing so leaves more of a chance that you or the next person using the equipment or vehicle will strike the object.
- Always perform a full walk-around of the vehicle or equipment prior to operation.
- Pay attention while operating or driving- even at low speeds. Distractions or complacency are often a factor in low speeding collisions.
- Use a spotter anytime you are working near fixed objects.

- Make the object more visible by using orange flags or other bright markers to bring attention to it.
- For objects at a worksite that are critical to operations or are costly to repair such as an AC unit, place concrete barriers or another protective barrier around it so the barrier is struck first instead of the critical object.

SUMMARY

There are many ways to prevent striking a fixed object. Elimination of work tasks near these objects or avoiding installing fixed objects near paths of travel in the first place is the best choice. A combination of safeguards is another effective method to reduce the chance of striking fixed objects. These types of incidents are truly 100% preventable if the proper steps are taken to avoid them.



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“Create healthy habits, not restrictions.”



- Eat Breakfast Every day
- Stay Hydrated
- Snack on healthy foods to reduce meal portions
- Don’t consume more than 2 cups of coffee per day and avoid stimulants
- Cut fizzy drinks out of your diet
- Get enough sleep
- Take time to rest every two hours
- Avoid fast food
- Exercise



Ways truck drivers can identify human trafficking



Human traffickers are known to commit their crimes along highway corridors, at truck stops, and in many locations frequented by truckers. But this also puts truck drivers in an ideal position to identify and report the crimes, ultimately helping the victims to escape.

Here are five red flags identified by organizations including Truckers Against Trafficking, Trucking Human Resources Sector Council Atlantic, and the Women's Trucking Federation:

1 UNUSUAL TRAFFIC AT A TRUCK STOP

Tractor-trailers come and go from truck stops at all hours. But when passenger vehicles arrive and multiple people – usually girls – jump out and begin walking from truck to truck, it's a sign of trouble. The same can be said if a vehicle drops someone off at a truck and picks them up 15-20 minutes later.

2 CB CHATTER AND FLASHING LIGHTS

Pimps need customers, and one way they advertise is through

chatter on the CB that refers to "commercial company". Vehicles will also flash their lights to signal a "buyer's" location.

3 HOMES AND BUSINESSES WITH UNUSUAL SECURITY MEASURES

Locks and security cameras are commonplace wherever freight is delivered, but traffickers often take unusual security measures to hide their activities. Watch for barred or covered windows, barbed wire, exterior cameras covering multiple angles, and buildings with entrances established in an alley – especially if such measures seem out of place in their surroundings.

4 SIGNS OF CONTROL

Human trafficking victims are tightly controlled. Watch for people who don't seem to carry any ID, are not allowed to speak for themselves, or don't seem to know anything about their whereabouts. They might also be wearing clothes that are inappropriate for the season.

5 PHYSICAL SIGNS OF TRAFFICKING

Victims can sometimes be identified through physical signs such as tattoos that indicate "ownership" by a particular trafficker, as well as bruises. They might show signs of distress, crying, or fear of people around them, too.

Immediate danger or a crime in progress can be reported by calling 9-1-1. But don't approach the traffickers directly. It is not only dangerous for you and the victims, but could also affect eventual prosecution of the traffickers.

More information is available by calling the ational Human Trafficking toll-free hotline at 1-888-373-7888: Anti-Trafficking Hotline Advocates are available 24/7 to take reports of potential human trafficking.



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"LIKE SHARE FOLLOW"

ROAD KNIGHTS ON SOCIAL MEDIA PLATFORMS

Our company will soon start being more active on Facebook and Instagram. We would love for you to be a part of our social media platforms and participate in many giveaways.

To begin with, we will create a poll of the most interesting images of you during your workday. Send us some interesting pictures of you while at pick up, delivery, waiting for something on your trip, etc. We will have others vote which of you has the best photo. The winning photo, with the highest rating, will bring you a cash prize.

Do not hesitate to follow us on social media and be part of the team and win prizes.

<https://www.instagram.com/roadknights.us/>
<https://www.facebook.com/RoadKnights.us>



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SAFETY

Truck Driving Safety Tips to Use During Hurricane Season



Truck drivers have one of the most demanding, dangerous and vital jobs in America. As hurricane season begins, these jobs are about to get more dangerous. To ensure you're safe on the road during a severe thunderstorm or hurricane, we're sharing critical tips for truck drivers.

1 PERFORM A VEHICLE INSPECTION BEFORE LEAVING THE TRUCK LOAD

Safety always starts with a pre-trip inspection. Our trucking safety tip to transportation coordinators is to ensure that each vehicle is in proper working condition before it leaves the truck yard during a storm.

2 PULL YOUR TRUCK OVER WHEN IT BECOMES TOO WINDY

There is no calm before the storm. Even before a hurricane hits, there's heavy rain and strong winds. Strong winds can pull and even flip a tractor trailer. They can even damage a parked trailer. If you're driving with dry vans or reefers on a windy day, a beneficial safety tip for truck drivers is to pull over when it's safe to stop.

3 WATCH THE WEATHER & ROAD CONDITIONS

Hurricanes can change course quickly. Truck drivers should continuously check the U.S. Department of Transportation road conditions and closings throughout the duration of a storm. If there is a state of emergency in a certain area, a safety tip for truck drivers is to travel a different route or delay shipment to that area.

4 AVOID FLOODED ROADS

The high clearance and heavy weight of your truck may give you an edge over passenger cars on flooded roads, but if road pavement and small bridges can be ripped apart by flooded roads, so can your trailer. Not to mention, there could be deep holes, debris and power lines on the road beneath the water. Our safety tip for experts in the trucking industry is to adjust routes to avoid severe flooding. On the other hand, it may be a smart idea to stop your vehicle and visit a rest stop until the storm is over.

5 BE PREPARED FOR DELAYS OR ROUTE CHANGES

Weather is unpredictable. Even a slight shift in the storm's course can make a big impact on your truck route and safety. And there's no telling how long the impact could last. Your best course of action: be patient, keep an eye on the weather, and be prepared for schedule delays and changes.

6 REMAIN AWARE OF YOUR SURROUNDINGS & ROAD CONDITIONS

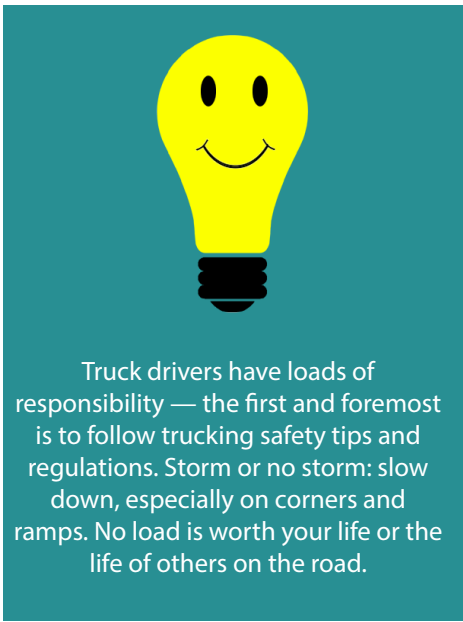
Be alert to the road ahead and your surroundings, for your safety and those around you. You're on the road days and weeks on end. During severe weather, the demands and conditions for truck drivers is only greater. The most valuable trucking safety tips we want to iterate to drivers is to get rest and take continuous breaks throughout the day.

Truck drivers have loads of responsibility — the first and foremost is to follow trucking safety tips and regulations. Storm or no storm: slow down, especially on corners and ramps. No load is worth your life or the life of others on the road.



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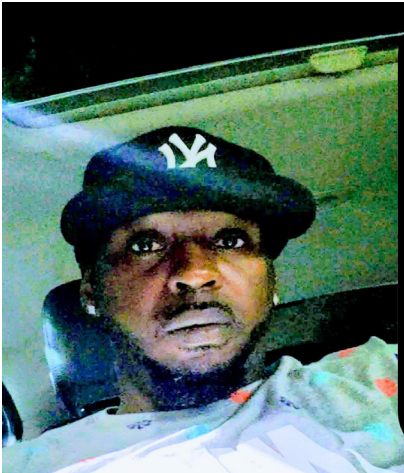


Hall of Fame - ROAD KNIGHTS

WE ARE SO PROUD OF YOU!



“The future belongs to those who believe in the beauty of their dreams.” - Eleanor Roosevelt.



Join Us!

DON'T MISS THE PROMO PERIOD, WE ARE LOOKING FOR CDL DRIVERS AND OWNER-OPERATORS



ROAD KNIGHTS IS OFFERING A REFERRAL BONUS FOR THOSE WHO BRING A NEW DRIVER.

IF YOU HAVE SOMEONE WHO YOU THINK WOULD LIKE TO COME AND WORK WITH US, RECOMMEND ROAD KNIGHTS, AND GIVE THEM OUR CONTACT INFORMATION. THEY WOULD GET A GREAT OPPORTUNITY AND YOU WILL GET \$1,000 BONUS, \$500 AFTER 6 MONTHS AND ANOTHER \$500 AFTER A YEAR

Who are we?

We are a trucking company located in Chicago IL. Our company works with new equipment and well-maintained trucks and trailers. We have a very well organized 24 hour support. We take good care of our drivers, and look to build a lasting work relationship!

If you are a CDL driver and looking to become an Owner/Operator driving new or newer equipment, then look no further! Our team goes above and beyond to cater to each owner/operator's needs.

We offer:

- Trucks available: Peterbilt and Cascadias (2019 - 2023)
- Trailers: Reefeer, Conestoga Flatbed, Regular Flatbed, Dry van (2020)



WE ARE HIRING

COMPANY DRIVERS

OWNER OPERATORS





**(773) 756-5999 x138**

**recruiting@roadknights.us**

